

Professional Training & Development | Three Days

Assisting Individuals in Crisis & Group Crisis Intervention (GRIN)

This training (usually two courses of two days each but delivered as a three day course due to the accreditation and experience of the trainer) assists participants in how to respond effectively to incidents and crises in order to support people in the community, their colleagues and the organisation in the most appropriate way.

It focuses on both individual and group processes and is useful for all staff and particularly those in any peer support role within workplaces.

COURSE CONTENT INCLUDES

- Crisis Intervention and CISM terminology and background
- Introduction to Psychological First Aid
- Crisis communication skills
- Psychological and behavioural reactions to critical incidents and approaches to people in crisis
- Crisis Management Briefing (CMB)
- Rest, Information and Transition Services (RITS)
- Immediate Small Group Support (ISGS)/Defusing
- Powerful Event Group Support (PEGS)/Critical Incident Stress Debriefing
- Stress Stocktakes
- Resilience/wellbeing sessions and associated strategies
- Values, ethics and practice standards; and
- Post traumatic growth/Self care.

This course is accredited with Crisis Intervention and Management Australasia (CIMA) and the International Critical Incident Stress Foundation (ICISF) and participants receive the appropriate CIMA registration and ICISF completion certificate.

DETAILS

- Duration:** Three days (9.00 am to 5.00 pm each day)
- Location:** Level One, 156 Collins Street, Melbourne 3001, Victoria Australia
- Facilitator:** Alexina Baldini
- Course Dates:** Monday April 27th - Wednesday April 29th, 2020
- Cost:** \$1188.00 (includes GST) CIMA Member Rate \$1089.00 (includes GST)
- Includes:** Participant manuals, morning tea, lunch and afternoon tea
- Booking RSVP:** April 15th, 2020 | Enquiries to Abbey Brown (Executive Assistant) +61 3 9663 9168

REGISTER

First Name: _____ Surname _____

Address: _____ State _____ Postcode _____

Phone: _____ Mobile _____

Email: _____

Occupation: _____ Organisation _____

Org Contact Person: _____ Org. Telephone _____

PAYMENT DETAILS \$1188.00 Full Fee \$1089.00 CIMA Member Fee (All fees are in Australian dollars)

- Cheque (please make payable to Enable Workplace Consulting)
- Direct Debit (EFT) Use your Name and GRIN to Reference
Account Name: Enable Workplace Consulting BSB: 083-153 Acc. No.: 12-561-6001
- Credit Card

Cardholder Name: _____ Signature _____

Card Number: _____ Expiry: __ / __ CCV _____

*CIMA - Crisis Intervention and Management Australasia membership is currently \$45 (GST free) until June 30, 2020.

Email cima_office@cima.org.au to register for your membership.